

BROW LIFT

ABOUT THE PROCEDURE

With age, your skin starts to droop; wrinkles form and natural folds deepen. This can be particularly noticeable in your forehead where the loss of underlying support to the skin can result in your eyebrows falling below their normal position, increasing the droop of the upper eyelids. A brow lift can solve this by removing excess forehead skin and repositioning your eyebrows through incisions in the hairline.

WHO IS A GOOD CANDIDATE?

Deep forehead creases and drooping eyelids make you appear far older and more tired than you feel. A brow lift can help restore a more youthful and refreshed appearance.

You may benefit from a brow lift if you have:

- Sagging eyebrows that give you a consistently angry, sad, or tired appearance.
- Deep forehead wrinkles.
- Furrows between your eyebrows.

POST-OPERATIVE INSTRUCTIONS

- Time off work 2-4 weeks.
- Shower 2 days after surgery.
- Apply antibiotic ointment to incisions daily with Q-tip.
- Don't do any activity that increases your blood pressure for 4-6 after surgery.
- Massage scars postoperatively to help minimize scarring (see general post-op instructions scar management).
- Call my office to make an appointment for one week after surgery.
- No smoking.

COMMON POST-OPERATIVE EXPERIENCES

- Scars can take up to 1 year to completely heal.
- Burning or itchiness around surgical site is normal.
- Bruising and swelling are normal and may spread down around eyes.

OUTCOME

- See general post-op instructions.