

SKIN LESION / MOLE REMOVAL

ABOUT THE PROCEDURE

Skin lesions are growths under the skin (sebaceous cyst or lipoma) or on the skin surface (moles and skin cancers), usually only involving the full thickness of the skin layer.

Skin lesions cover a broad group of moles, skin cancers, cysts and lipomas (fatty tissue lumps). Moles are considered benign or non-cancerous and are often removed for cosmetic reasons.

POST-OPERATIVE INSTRUCTIONS

- Most people do not require time off work but that may depend on location and job.
- Don't do any activity that increases your blood pressure for 2 weeks.
- If dressing falls off or becomes soiled, please remove and replace with new dressing.
- Bleeding in area should be controlled with pressure for 20 minutes – if it persists, go to the hospital's emergency room.
- Any spreading redness outside edges of the wound should be looked at by myself or your family doctor.
- Massage scars postoperatively 3 times a day for 10 minutes with firm strokes along the line using ointment to lubricate.
- Non-dissolving stitches on the face should be removed in 6 days and elsewhere in 7-10 days.
- If the stitches are dissolving, they usually fall out in 2 weeks.

COMMON POST-OPERATIVE EXPERIENCES

- Burning or itchiness around the surgical site is normal.
- I will call you in 3 weeks with the pathology results. If you do not hear from my office in 1 month regarding the results, you should call us directly.

OUTCOME

- See general post-op instructions.