



MACDONALD PLASTIC SURGERY

Dr P. Jeannie MacDonald MD MA FRCSC

Suite 201 – 250 Keary Street

New Westminster, British Columbia, V3L 5E7

T 604.288.8518 F 604.909.4929

macdonaldplasticsurgery.ca

GENERAL POST OP AND MOLES

POST-OPERATIVE INSTRUCTIONS:

Leave dressing on for 2 days and keep dry.

If you have bleeding- place constant pressure on wound for 20 minutes. If the bleeding continues or if you develop any spreading redness with increasing pain, go to Emergency.

In 2 days wash with soap and water (NO peroxide, alcohol or antiseptic). Pat dry, apply antibiotic ointment (Polysporin) or Vaseline with a Q-tip and cover. Do this daily for 2-weeks or until the sutures are removed. Do not allow your wound to dry out.

If you notice bruising place a frozen thin facecloth or ice pack over the area for 2-3 minutes every 3-4 hours for the first 2 days after surgery.

Removable sutures need to be removed in 6-7 days.

Massage your scars with a gentle cream or ointment starting 2-weeks after surgery for 1-2 minutes 3x day. Then wipe clean and apply paper tape or gel sheeting. Use constantly until you're happy with the scar.

Pathology/lab results take up to 3 weeks to reach my office. We will call you with the results.

Call or email macdonaldplasticsurgery@yahoo.ca to make an appointment.